

# ***Racing Performance Services***

## Spring Rate Selection Chart

<b>Total Weight</b>	<b>Optimal Spring Rate (Kg/mm)</b>		
<i>Combined Rider and Motorcycle Weight</i>	<i>Standard Use (NON-Track Riding)</i>	<i>Sport Use (Aggressive /Trackday)</i>	<i>Race Use (Race-Track Use Only)</i>
300	0.550	0.575	0.600
325	0.625	0.650	0.675
350	0.675	0.700	0.725
375	0.725	0.750	0.775
400	0.750	0.775	0.800
425	0.800	0.825	0.850
450	0.800	0.825	0.850
475	0.850	0.875	0.900
500	0.825	0.850	0.875
525	0.850	0.875	0.900
550	0.875	0.900	0.925
575	0.875	0.900	0.925
600	0.900	0.925	0.950
625	0.900	0.925	0.950
650	0.925	0.950	0.975
675	0.925	0.950	0.975
700	0.950	0.975	1.000
725	0.975	1.000	1.025
750	1.000	1.025	1.050
775	1.025	1.050	1.075
800	1.050	1.075	1.100